

# I & i

*by*

**Sunil Ahuja**

i lived all my life believing i was I  
Little knowing I was really being i  
i even glimpsed I sometimes  
and didn't know what i saw

Then one day We met  
i was talking with another i  
she asked I to appear  
i first refused, then looked again

i saw what was in the way  
and let it all go  
our I's appeared  
and soul mates danced

I was indistinguishable  
from love, from joy, from ecstasy, from each other  
We laughed, We danced, We embraced, We kissed  
We parted, but not really

I was the road home, I was the sky  
I was the music, I heard the moonlight in the sonata  
in a few days, I faded  
but i was never the same

I came again  
when my little nephew said "I love you"  
i picked him up and held him  
and soul mates hugged.

And then, at a profound spiritual retreat  
i let go of ideas and beliefs  
about i and the world  
I came again, peaceful, alive, the source of i

That day, I sat with another I by the lake  
We had brought each other to this place  
i and the world washed clean, bright and clear  
no past, no future, only now

We dance together now, I and i  
sometimes i'm I, and sometimes i  
but i know, even though i can forget  
that I am really always I