



Integral Transformation Systems

Bringing Spirit to Work and Life

Avatar® Mini Courses in Scottsdale



J.S., Therapist, Tucson, Arizona:

I have been searching for the truth for the last 13 years. I have completed a Masters in Psychology and a PhD in Philosophy as part of the search. I have never encountered such a life changing process as Avatar. Avatar is a "seemingly" simplistic process that creates a depth of awareness to rival any modern psychological or philosophical process. Sunil's warmth, depth, and calmness allow the student the safety to explore unknown terrain. This is not a "feel good" workshop that disappears after a few weeks, this work permeates your being and shifts your worldview. I honor Sunil, I honor Avatar.

Avatar® Mini-Course: Managing Your Attention

Monday, June 23rd, 2008, 6:30pm to 9pm, \$20

Is life demanding too much of you? Do you feel you need 36 hours in a day? **It's all about attention!** If you think that's too basic, discover how this fundamental human ability behaves and how you can free and focus it in this experiential workshop.

Avatar® Mini-Course: Understanding Your Blueprint

Tuesday, July 1st, 2008, 6:30pm to 9pm, \$20

Do you believe you create your own reality? How successful are you at attracting everything you want? If not as much as you can, it's because you are not fully aware of your own beliefs, and how they attract the events and people in your life. In this mini-workshop, you will explore your personal blueprints, and discover how to unearth your core beliefs.

Course Location

15550 N. Frank Lloyd Wright Blvd., Unit 1014, Scottsdale, AZ 85260 at Frank Lloyd Wright Blvd and 91st Street. For directions, call or email us .

Sunil Ahuja, MSIA

Workshop leader Sunil Ahuja, a licensed Avatar Master/Wizard and certified Developmental Coach, has been leading Avatar courses for ten years. Formerly a technology project manager and consultant, he is now dedicated to assisting people in accessing and expressing their deepest potential.

Please register on-line at www.integral-transformation.com or contact Sunil Ahuja at (480) 314-1983, or at avatar@integral-transformation.com



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